

Prescription Medication

St Katharine's is happy to give prescription medication to children throughout the day. Parents/carers will be asked to fill in a form for the medication which includes details on how and when children should take it, how much and for how long. The prescription should be in the child's name and secured to the bottle/box. We are not able to give more than the dosage labelled on the prescription.

Pain relief

If a parent feels a child may need pain relief throughout the day for any reason, we are happy to give paracetamol or ibuprofen. Parents will be asked to fill in a form for the pain relief which includes details on how/when they should take it, how much they should take and how long they need the medication for. The school will not give pain relief above the recommended dosage for the age range without a prescription.

School stock a supply of non-branded liquid paracetamol and are happy to administer to a child if they are feeling pain throughout the day. We will always phone a parent for permission to give this before administering.

If a child's teacher feels they are not coping with pain, we will ring for a parent to collect the child.

Antihistamines

If children suffer with hay fever or other mild allergies we encourage parents to use a once a day or twice a day antihistamine for their child at home. If this is not possible, we are happy to give antihistamine supplied by the parent throughout the day. Parents/carers will be asked to fill in a form for the regular medication which includes details on how when they should take it, how much they should take and how long they need the medication for.

If your child has a serious allergy, please come to the office to discuss how we can keep your child safe.

Mobility aids including crutches

Looking after students on crutches is not a responsibility taken lightly by the school and without clear medical information, we risk not being able to fully care for the child in an appropriate way.

We will require a note from a medical professional (GP, hospital etc.) detailing exactly what injury has been sustained before accepting responsibility for a student on crutches.

This note should include details of whether the child is required to use crutches in school and approximately for how long. Further information to be detailed, if possible, including: when

weight bearing should begin and any follow- up appointments (fracture clinics, physiotherapy etc.)

Children who have not been officially checked out by a GP, medical professional or A&E, and who have not been specifically told to use crutches, are a potential danger to both themselves and other students.

Parents/Carers should contact the school prior to the child's initial return to school, to enable the following to be discussed and explained:

- Leaving lessons early
- General help and support
- Medication
- Arrangements to and from school
- Follow-up appointments
- Completion of a risk assessment

Casts, slings and supports

We will require a note or discharge papers from a medical professional (GP, hospital etc.) detailing exactly what injury has been sustained before accepting responsibility for a student in a cast.

This note should include details of whether the student is required to use crutches in school and approximately for how long. Further information to be detailed, if possible, including any follow- up appointments (fracture clinics, physiotherapy etc.)

Looking after students in a cast is not a responsibility taken lightly by the school and without clear medical information, we risk not being able to fully care for the child in an appropriate way.

If a child has broken a bone and is required to wear a cast, a risk assessment must be completed. We may have to make the decision as to whether a child in a cast is able to join in with certain practical activities. This will be assessed on a case-by-case basis.